

**HERKIMER COUNTY COMMUNITY COLLEGE
COURSE OUTLINE**

DIVISION: Social Science
COURSE NAME: Introductory Psychology
COURSE NUMBER: SS 151
CREDITS: 3 Credits (3,0)
DATE: REVIEWED: Spring 2006
GRADE TYPE: Letter Grade
PREPARED/REVIEWED BY: Lynn Martin

COURSE DESCRIPTION

This course is designed to familiarize students with the major divisions of psychology including physiology, learning, perception, motivation, emotion, personality, adjustment, and abnormal behavior. Attention is focused on the mastery of basic concepts and theories, along with supporting research and application.

COURSE OBJECTIVES

Upon completion of the course, the student should be able to:

1. Understand the various specialties in the field of psychology.
2. Identify the basic parts of the sensory system and understand how the sensory system is related to perception.
3. Understand the psychological and physical stages of human development.
4. Differentiate among the various parts of the brain and nervous system.
5. Describe the various psychological theories of learning.
6. Describe how cognitive abilities are measured and assessed.
7. Understand the internal mechanisms responsible for human emotion and motivation.
8. Understand the causes for and the treatment of stress-related conditions.
9. Identify the various disorders associated with abnormal behavior.
10. Explain the various treatment strategies associated with abnormal behavior.
11. Understand the work of the social psychologist.
12. Explain the role of the applied psychologist.

OUTCOMES

By the end of this course, the student will have demonstrated through holistically graded tests, essays, homework assignments, discussions, and various other in class activities, 60% understanding of the following concepts in psychology:

1. The various specialties in the field of psychology
2. Basic parts of the sensory system and understand how the sensory system is related to perception.
3. Psychological and physical stages of human development.
4. Various parts of the brain and nervous system.
5. Various psychological theories of learning.
6. Systems for the measurement and assessment of cognitive
7. Internal mechanisms responsible for human emotion and motivation.
8. Causes for and the treatment of stress-related conditions.
9. Various disorders associated with abnormal behavior.
10. Various treatment strategies associated with abnormal behavior.
11. Work of the social psychologist.
12. The role of the applied psychologist

MAJOR DIVISIONS OF SUBJECT MATTER

- I. History and Methods of Psychology
 - A. An introduction to psychology and psychologists
 - B. Research methods

- II. The Biology of Behavior
 - A. Neurons and Synapses
 - B. The brain and behavior
 - C. The glandular system

- III. Human Development
 - A. The nature of development
 - B. The life cycle

- IV. Sensations and Perception
 - A. The sensory world and reality
 - B. Perception

- V. Consciousness
 - A. Altered states of Consciousness
 - B. Sleep and dreaming

- VI. Learning
 - A. Conditioning
 - B. Biofeedback
 - C. Modeling
 - D. Motor skills learning

- VII. Memory and Cognition
 - A. Memory
 - B. Thinking
 - C. Problem solving
 - D. Creativity

- VIII. Motivation and Emotion
 - A. Primary motives
 - B. Social motives
 - C. Physiology and emotion
 - D. Development and expression of emotion

- IX. Individual Differences: Personality
 - A. Traits and types
 - B. Testing and therapy
 - C. Hereditary and environmental factors

- X. Abnormal Psychology
 - A. Frustration
 - B. Deviance and disorder
 - C. Psychosis

- XI. Treatment and Therapy
 - A. Insight therapy
 - B. Behavior modification

- XII. Social Psychology
 - A. Interpersonal attraction
 - B. Social influence
 - C. Conformity
 - D. Attitudes
 - E. Aggression

COURSE REQUIREMENTS

Please see individual instructor's syllabus

EVALUATION/GRADING

Please see individual instructor's syllabus

TEXTBOOK

Please see individual instructor's syllabus

CLASSROOM POLICIES

Cell phones, food, drink, and inappropriate language are not allowed in class. Regular attendance and punctuality are expected.

Please see individual instructor's syllabus for a more detailed explanation of classroom policies.

SS 151
LM/bw
5/06